

Run/Walk for Relief - Burma 2009

Event Information

- Purpose** Increase awareness about the situation in Burma and raise funds to support the relief efforts. This run/walk is in conjunction with the Global Day of Prayer for Burma.
- Date** Sunday, March 8, 2009
- Time** 12:15 pm to 12:45 pm - Race Day Registration **and** Packet Pick-Up for Pre-registered Participants (Church gym – Entrance H, lower level). Parking available in upper lots.
1:00 pm - 5K run/walk starts
2:15 pm - Kid's Dash (for children 5 and under)
Awards (in the gym) – Immediately following Kid's Dash
- Awards** Awards for the top male and female finisher overall will be presented. The top three finishers in each age group will be posted and the first place finisher in each age group will get awards.
- Age Groups** 6-10, 11-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+
- Distance** 5K (3.1 miles) and Kid's Dash (short route in lower parking lot of church)
- Location** Chapel Hill Presbyterian Church, 7700 Skansie Ave. NW, Gig Harbor
- Registration** Complete attached form and return to Chapel Hill Church by February 26, 2009 to guarantee your t-shirt order. Participants registering after this date may not receive a shirt and/or may not get the size ordered. Runners can also seek sponsor donations using the Individual Sponsorship Form (page 2). Shirts will be long-sleeved.
- Food** Food will be served in the "Diner" and is included in the price of registration. Your race number will be your "meal ticket". Food will be available for purchase for those not participating in the run/walk.
- Mail to** Chapel Hill Church, Attn: Missions Office, P.O. Box 829, Gig Harbor, WA 98335
- Contact** Emily Beilke at 253.853.0238 or ebeilke@chapelhillpc.org
- Websites** www.prayforburma.org
www.students.washington.edu/burma
www.partnersworld.org www.freeburmarangers.org
www.geocities.com/run4relief
www.chapelhillpc.org



For one million villagers in Burma—Running is not a choice.

Run/Walk for Relief—Burma: March 8, 2009 - Entry Form

For a million villagers in Burma, running is not a choice.

Please complete the information below and return with payment to Chapel Hill Church, P.O Box 829, Gig Harbor, WA, 98335, Attn: Missions Department, by February 26, 2009 to guarantee t-shirt size and quantity. For further information, call 253-853-0238.

Name _____

Address _____

City _____ State _____ Zip _____ Phone _____

E-mail _____

Participant Information

Please print the information below. Circle the appropriate t-shirt size for each participant. (Note: Adult t-shirts will be long-sleeve t-shirts and the sizes run smaller than normal.) There is no fee for children 5 and under to participate in the Kids' Dash but registration is required (includes free lunch). A child's t-shirt can be ordered below for \$8.*

Last Name	First Name	Sex	Age on 03-08-09	Kids Dash	T-Shirt (Y/N)	T-Shirt Size	Office use only
				<input type="checkbox"/>		Child: S-M-L Adult: M-L-XL-XXL	
				<input type="checkbox"/>		Child: S-M-L Adult: M-L-XL-XXL	
				<input type="checkbox"/>		Child: S-M-L Adult: M-L-XL-XXL	
				<input type="checkbox"/>		Child: S-M-L Adult: M-L-XL-XXL	
				<input type="checkbox"/>		Child: S-M-L Adult: M-L-XL-XXL	

Registration Fees

Complete the appropriate lines and calculate a total at the bottom. Make check(s) payable to Chapel Hill Church.

Description	T-Shirt	Number of Participants	Price Per Person		Total
Adult (18+) with t-shirt and lunch	Yes		\$20.00	=	
Adult (18+) without t-shirt and lunch	No		\$12.00	=	
Child/youth (6-17) with t-shirt and lunch	Yes		\$15.00	=	
Child/youth (6-17) without t-shirt and lunch	No		\$7.00	=	
*Children 5 and under t-shirt S – M – L	Yes		\$8.00	=	
Adult t-shirt only M – L – XL –XXL	Yes		\$12.00	=	
Family without T-Shirts (3 or more in family) with lunch	No		\$30.00		
EXTRA GIVING (please write separate check for these donations)				=	
GRAND TOTAL				=	

Don't forget to complete opposite side!

Release Information – All participants must read and sign this waiver.

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including but not limited to falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my entry, I, for myself and anyone entitled to act on my behalf, waive and release the cities of Gig Harbor, Pierce County, the State of Washington, Chapel Hill Presbyterian Church, World Aid, all sponsors, volunteers and their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant my permission to all of the foregoing to use photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose. I also understand that my entry fee is nonrefundable. A parent must sign if entrant is under 18 years of age. This is to certify that my child has permission to compete in this event, is in good physical condition and the event officials may authorize necessary emergency medical treatment. **I understand that bicycles, skateboards, roller skates or blades, animals and headsets are not allowed in the race, and I will abide by this guideline.**

Signed (if under 18 signature of parent /guardian) _____ Date _____

Signed (if under 18 signature of parent /guardian) _____ Date _____

Please note that race results will be published on the Chapel Hill Church website and local newspapers. If you DO NOT give permission for your name or your child's name to be printed upon winning, please check the box below.

Please do not release/print my name or my child's name in local media upon winning.

How did you hear about Run / Walk for Relief—Burma? _____

Donations:

If you would like to further support the relief efforts in Burma and/or are unable to participate in the Run / Walk for Relief, you can make a direct donation or sponsor a runner. Please complete the information below and make your check payable to Chapel Hill Church.

Name _____

Phone _____ Donation Amount _____

THANK YOU!

Don't forget to complete opposite side!